

# KIDS HAVE

# RIGHTS TOO!

Disability Rights NC (DRNC) protects your rights.



## YOU HAVE THE RIGHT TO:

- Have privacy
- Use the phone
- Send and receive mail
- Eat healthy foods
- Have visitors
- Receive an education
- Have and spend a reasonable amount of money
- Go outside
- Have your own storage space
- Have your own clothes and belongings
- Participate in worship
- Be treated with dignity and respect
- Be free from harm, abuse, and unnecessary restraint and seclusion
- Get treatment and services

Some of your rights can be restricted. When your rights are restricted, your parent or guardian must be notified.

**IF YOU HAVE A CONCERN ABOUT YOUR RIGHTS, YOU MAY CONTACT  
DISABILITY RIGHTS NORTH CAROLINA FOR MORE INFORMATION.**



**1-877-235-4210**



**gethelp@disabilityrightsncc.org**



**disabilityrightsncc.org**

**To report abuse or neglect in a facility, call 919-856-2195 and select option 7.**

Disability Rights North Carolina is a federally mandated protection and advocacy system with funding from the U.S. Department of Health and Human Services, the U.S. Department of Education, and the Social Security Administration.

