

This pamphlet is for individuals, their families and natural supports. It is intended to offer an overview of the services and supports available under the NC TBI Medicaid Waiver for those who qualify.

Not all services are appropriate for all waiver individuals. It is best to work with your TBI Care Coordination Team to discuss and determine the services that are best for you.

The individual and TBI Care Coordination Team will work together to develop the Individualized Service Plan (ISP) to make your TBI Waiver experience beneficial.

Alliance Health has special funding to provide services to some of our members who have all four of the following:

- If you have a traumatic brain injury (TBI) on or after age 22; **and**
- You have Medicaid or are applying for Medicaid; **and**
- You live in Wake, Durham, Johnston, or Cumberland county; **and**
- You are struggling with daily tasks like working or taking care of yourself.

**Please Contact Alliance Health's Access and Information Line: 800-510-9132.**

TBI Care Coordinator:

---

County Dept. of Social Services:

---

## North Carolina's Pilot Traumatic Brain Injury Medicaid Waiver Program



**Alliance**  
Health

**Alliance**  
Health

Alliance Health, serving Wake, Durham,  
Johnston and Cumberland Counties

# Available Services

## One-Time or As-Needed Services

### Assistive Technology

Devices to assist a participant with increasing or maintaining function in the home and/or community.

### Home Modifications

Physical modifications to your home that ensure safety and support of the participant.

### Natural Supports Education

Education and training for natural supports to develop skills, interventions and strategies to best serve the participant.

### Vehicle Modifications

Physical modifications to a vehicle to ensure ongoing safety of the participant, and supports independence to access ones community.

### Community Transition

Assists with set-up expenses related to being discharged home from a rehabilitation/ specialty hospital, psychiatric hospital, skilled nursing facility, licensed living arrangement or family home/one-person AFL (one-time service).

### Crisis Services

24-hour crisis intervention service assists in preventing crises and stabilizing the individual when a crisis occurs to avoid hospitalization.

## Residential Option

### Residential Supports

24-Hour support provided in a group home or Alternate Family Living (AFL) setting.

## To Support you at Home or in the Community

### Cognitive Rehabilitation

Assistance with development and maintenance of functional abilities such as attention, memory, problem solving and self-awareness. Cognitive rehab provides the team with the best ways to incorporate learning information.

### Life-Skills Training

Support to assist the individual in their ability to maintain independence. Skills such as cooking, grocery shopping, budgeting, etc.

### Personal Care

Oversight and supervision for individuals needing support for their basic activities of daily living skills (ADLs) such as: bathing, eating, dressing, personal hygiene and mobility.

### Resource Facilitation

Coordination of behavioral, social, and unpaid supports; provides team with updates and changes to the participant's services.

### Respite

Periodic or scheduled relief to caregivers at home or temporary relief to individuals in AFL settings.

## Options for Your Day

### Supported Employment

Individualized support for a participant to develop employment skills in a community-based setting and increase the likelihood of maintaining employment.

## Community Networking

Provides individualized support and integrated community access for participants to experience and grow their social network.

### Day Supports

Facility-based group or individual support, focusing on rehabilitation, socialization and daily living skills.

### Adult Day Health

Structured day program with group activities in an outpatient setting.

## Behavioral or Specialty Services

### Allied Health (PT, OT, Speech)

Physical, occupational and speech therapy services will be available for continuation once State-plan allowances are exhausted.

### Specialized Consultation

Expert training and consultation in a specified area, such as behaviors, recreational activities, nutrition, etc.

### In-Home Intensive Supports

Rehabilitation and support in the private home setting to care for extensive medical needs.

**Please Contact Alliance Health's  
Access and Information Line:  
800-510-9132.**

