

WINTER PREPAREDNESS FOR PEOPLE WITH DISABILITIES

Emergency Supply List

- Water—at least a 3-day supply; one gallon per person per day
- Food—at least a 3-day supply of nonperishable, easy-to-prepare food
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit
- Medications (7-day supply) and medical items (hearing aids with extra batteries, glasses, contact lenses, syringes, cane)
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Family and emergency contact information
- Extra cash
- Baby supplies (bottles, formula, baby food, diapers)
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Sand, rock salt or non-clumping kitty litter to make walkways and steps less slippery